Sugar, Temperature, Airway, Blood Pressure, Lab Work, and Emotional Support (S.T.A.B.L.E.) Program

In the high-stakes world of neonatal care, quick thinking and consistent protocols can mean the difference between life and death. The **S.T.A.B.L.E. Program**, standing for **Sugar, Temperature, Airway, Blood Pressure, Lab Work, and Emotional Support**, is an internationally recognized education course designed to provide healthcare providers with crucial skills in stabilizing newborns. Whether you're a nurse, respiratory therapist, or physician, the **S.T.A.B.L.E. Program** equips you with the core knowledge needed before transporting or continuing care for sick infants.

Let's explore the key components, benefits, and importance of this program, especially as it's now accessible through **STABLE Program Online**, including the latest **7th Edition**.

What Is the S.T.A.B.L.E. Program?

The **S.T.A.B.L.E. Program** is a standardized neonatal education course focused on the post-resuscitation and pre-transport stabilization of neonates. Created by Dr. Kris Karlsen, this comprehensive curriculum is endorsed by many hospitals and healthcare systems across the United States and internationally. The acronym **S.T.A.B.L.E.** stands for:

- **S – Sugar**: Management of hypoglycemia and glucose instability
- **T – Temperature**: Maintenance of thermoregulation
- **A – Airway**: Airway management and respiratory support
- **B – Blood Pressure**: Circulation, perfusion, and blood pressure stabilization
- **L – Lab Work**: Assessment and interpretation of laboratory results
- **E – Emotional Support**: Support for families and caregivers during crisis

Each module in the **STABLE Program** builds on the last, empowering care teams with clinical tools to respond confidently and consistently in emergency situations.

Who Should Take the STABLE Program?

The **S.T.A.B.L.E. Program** is ideal for:

- Neonatal nurses
- Pediatricians and neonatologists
- Emergency medical staff
- Respiratory therapists
- Midwives
- Paramedics
- NICU transport teams

Even those not directly involved in intensive neonatal care can benefit from understanding how to support a newborn until specialist help arrives or the infant is transported.

Latest Update: The STABLE Program 7th Edition

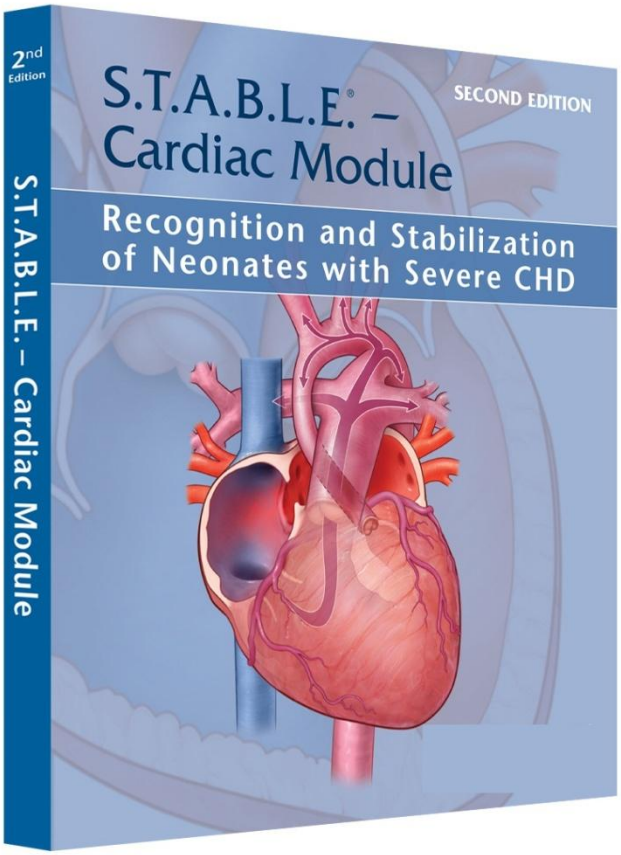
The **STABLE Program 7th Edition** brings updated clinical guidelines and evidence-based practices, reflecting advancements in neonatal medicine. It includes revised content in areas such as neonatal sepsis management, thermoregulation techniques, and oxygenation standards.

Healthcare providers are encouraged to switch to the **STABLE Program 7th Edition** to ensure their skills reflect the most current medical knowledge. The edition also improves upon visuals, learning materials, and includes interactive components—especially when accessed via the **STABLE Program Online Course**.

Online Convenience: STABLE Program Online Course & HealthStream Integration

Thanks to digital access, learners can now complete the **STABLE Program Online**, making it easier for busy healthcare professionals to earn their certification. The **HealthStream STABLE Program** integration allows hospitals and medical centers to manage staff education seamlessly. Through the platform, you can track progress, issue CEUs, and maintain compliance with neonatal care standards.

To begin, visit the official STABLE Program course page and register for upcoming sessions. Whether you're logging in to access your **STABLE Program Certification**, **STABLE Program Card**, or downloading the **STABLE Program Learner Manual**, everything you need is available online.


2nd Edition
S.T.A.B.L.E. – Cardiac Module
S.T.A.B.L.E.® – Cardiac Module
SECOND EDITION
Recognition and Stabilization of Neonates with Severe CHD

Key Learning Materials: STABLE Program Book & Learner Manual

The **STABLE Program Book** is the cornerstone of the curriculum. Each chapter corresponds to a specific module—making it a go-to resource for ongoing learning and review. The **STABLE Program Learner Manual** complements the book with easy-to-follow checklists, real-life case studies, and quick-reference guides.

Both are essential for those attending the **STABLE Program Instructor Course** or preparing for recertification.

STABLE Program Certification & CEUs

After completing the **STABLE Program Online Course** or in-person training, learners receive a **STABLE Program Certification** and **STABLE Program Card**. This certification demonstrates competence in neonatal stabilization and is often required for employment in NICUs or neonatal transport teams.

Healthcare professionals may also earn **STABLE Program CEU** (Continuing Education Units), helping fulfill state or hospital education requirements. Always check your state's specific CEU acceptance policies.

For More Details : https://www.yourcprmd.com/sugar-temperature-airway-blood-pressure-lab-work-emotional-support-s-t-b-l-e-program/

Why the STABLE Program Is Critical for Neonatal Care

1. **Standardizes Emergency Response**: The S.T.A.B.L.E. Program ensures that all staff, regardless of location or specialty, respond using the same clinical protocols.
2. **Improves Neonatal Outcomes**: Research shows improved outcomes for newborns when care teams use structured stabilization methods.
3. **Reduces Transport Complications**: Proper stabilization minimizes medical complications during neonatal transport.
4. **Family-Centered Care**: The inclusion of emotional support helps staff better guide and comfort families during stressful times.
5. **Bridges Knowledge Gaps**: Particularly valuable for rural hospitals or small facilities without immediate access to NICUs.

How to Get Started with the STABLE Program Login

Ready to begin? Simply visit the **STABLE Program Login** page at yourcprmd.com and enroll in the **STABLE Program Online Course**. From there, you can download course materials, access your schedule, and complete testing for your **STABLE Program Certification**.

The process is designed to be user-friendly and flexible, giving healthcare professionals 24/7 access to learning resources.

STABLE Program Instructor Course: Become a Leader

If you're a medical educator or neonatal expert, consider joining the **STABLE Program Instructor Course**. Certified instructors are authorized to teach the program to others, expanding its reach and improving neonatal outcomes at scale.

Benefits include:

- Teaching opportunities at hospitals, clinics, and schools
- Ongoing updates and support from the STABLE organization
- Enhanced leadership credibility in your field

Final Thoughts: Join the STABLE Movement Today

Whether you're renewing your certification or diving in for the first time, the **STABLE Program** is more than just a training—it's a commitment to saving lives. The structure, accessibility, and proven results of this program make it an essential part of neonatal healthcare education.

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